

# Bottoms Up Regatta and Carolina District Championship



## SAILING INSTRUCTIONS

**Organizing Authority: Carolina Sailing Club    Host: Thistle Fleet 155**  
**Vista Point, Jordan Lake, NC**  
**April 23-24, 2022**

### 1. RULES

The regatta will be governed by the rules as defined in The Racing Rules of Sailing [RRS].

### 2. CHANGES TO SAILING INSTRUCTIONS

- 2.1 Changes made to the sailing instructions after the competitors' meeting will be posted on the Official Notice Boards (see SI 3.1) not less than 90 minutes prior to the first warning on Saturday.
- 2.2 Changes to the sailing instructions made on Sunday will be posted by 0800 Sunday, except for changes to the schedule which will be posted by 1800 on Saturday.
- 2.3 Changes to a sailing instruction may be made on the water. Race Signal L will be displayed and all boats shall come within hail. Notification of the change will be given to, and acknowledgement received from each boat.

### 3. COMMUNICATIONS WITH COMPETITORS

- 3.1 Notices to competitors will be posted on the Official Bulletin Board located in the parking lot near the Race Committee signal vessel trailer.
- 3.2 The Race Committee may communicate safety, OCS boats, and general information to assist in the management of the event via VHF radio. Except in an emergency, retirement, or notification of a protest, a boat that is racing shall not make or receive data or voice communication that is not available to all boats. VHF radio channel 72 will be utilized.

### 4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed from the race committee signal vessel.
- 4.2 When flag AP is displayed ashore, '1 minute' is replaced with 'not less than 30 minutes' in race signal AP.

### 5. SCHEDULE OF RACES

- 5.1 The scheduled time of the warning signal for the first race each day is shown in the table below.

Saturday, April 23	Warning signal for Race #1 Subsequent races to follow. No warning signal after 1730	1300
Sunday, April 24	Warning for 1 <sup>st</sup> race of day Subsequent races to follow. No warning signal after 1230	0930

- 5.2** Five races are scheduled. Any number of races may be sailed each day.
- 5.3** Flag A displayed, with no sound, while boats are finishing means 'No more racing today.'
- 6. CLASS FLAG**  
The class flag will be the Thistle Class flag.
- 7. RACING AREA**  
The racing area will be approximately .5 nautical mile east of the Vista Point boat ramps.
- 8. COURSES**
- 8.1** The diagrams in Illustration A show the courses, including the order in which marks are to be passed, the side on which each mark is to be left.
- 8.2** No later than the warning signal, the race committee signal vessel will display the course to be sailed and the approximate compass bearing of the first leg.
- 9. MARKS**
- 9.1** Marks A and C will be large orange tetrahedrons.
- 9.2** Mark A1 offset mark will be a small red tetrahedron.
- 9.3** A new mark, as provided in SI 11, will be a large yellow tetrahedron.
- 9.4** The starting pin will be a white cylinder.
- 9.5** For Course WL4, the finish pin will be a red cylinder. For Course WL5, the finish pin will be Mark A, which is an orange or yellow tetrahedron.
- 10 THE START**
- 10.1** The starting line will be between a staff displaying an orange flag on the race committee signal vessel and the course side of the port-end starting pin described in SI 9.4.
- 10.2** In addition to RRS 29.1, Race Committee will attempt to broadcast the sail number of each individual recalled boat on VHF channel 72. Failure to make a broadcast or to time it accurately will not be grounds for a request for redress. This changes RRS 62.1(a).
- 11. CHANGE OF THE NEXT LEG OF THE COURSE**  
To change the next leg of the course, the Race Committee will lay a new mark and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by the original mark. There will be no offset mark for new or subsequent marks.
- 12. THE FINISH**  
The finishing line will be between a staff displaying a blue flag on a race committee vessel and the course side of the finishing pin described in SI 9.5. Boats should cross the finish line in the direction from the last mark.
- 13. PENALTY SYSTEM**
- 13.1** Alternative Penalties: RRS V1 and V2 shall apply.
- 13.2** RRS V1 - Penalty at The Time of the Incident. The first two sentences of rule 44.1 are changed to: 'A boat may take a One-Turn Penalty when she may have broken one or more rules of Part 2 or rule 31 in an incident while racing. However, when she may have broken one or more rules of

Part 2 while in the zone around a mark other than a starting mark, her penalty shall be a Two-Turns Penalty.'

**13.3 RRS V2 – Post-Race Penalties**

- (a) Provided that rule 44.1(b) does not apply, a boat that may have broken one or more rules of Part 2 or rule 31 in an incident may take a Post-Race Penalty at any time after the race until the beginning of a protest hearing involving the incident.
- (b) A Post-Race Penalty is a 30% Scoring Penalty calculated as stated in rule 44.3(c). However, rule 44.1(a) applies.
- (c) A boat takes a Post-Race Penalty by delivering to the race office a written statement that she accepts the penalty and that identifies the race number and where and when the incident occurred.

**14. TIME LIMITS**

**14.1** The time limit for the first boat to sail the course and finish is 90 minutes.

**14.2** Boats failing to finish with 30 minutes after the first boat sails the course and finishes will be scored TLE (Time Limit Expired) without a hearing and will receive a score equal to the number of boats that have finished within the time limit + 2, not to exceed the number of boats in the race. This changes RRS 35, 63.1, A4, A5, and A11.

**15. HEARING REQUESTS**

**15.1** The protest time limit is 45 minutes after the race committee signal vessel returns to the dock and sounds a horn.

**15.2** Hearing request forms will be available at the race committee signal boat trailer in the parking lot.

**15.3** Notices will be posted no more than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named witnesses.

**16. SAFETY REGULATIONS**

**16.1** [DP] Prior to the first warning signal each day of sailing, each boat shall sail by the stern of the race committee signal vessel, hail her sail number to check-in, and receive an acknowledgment from the Race Committee.

**16.2** [DP] A boat that retires from a race shall notify the Race Committee as soon as possible.

**16.3** Use of life jackets (unless made mandatory by display of the Y flag) is encouraged.

**17. RISK STATEMENT**

RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

# Illustration A

