



SAILING INSTRUCTIONS

Flying Scot®



North East Regional Districts Championship (NERD) & New England Day Sailer Regional August 16-18, 2024



Hosted by Massapoag Yacht Club
58 Lakeview Street
Sharon, MA 01588

Organizing Authorities: Flying Scot® Sailing Association (FSSA), Day Sailer Association & Massapoag Yacht Club

1. RULES

- 1.1 The regatta will be governed by the rules as defined in the current *The Racing Rules of Sailing* (RRS).
- 1.2 The US Sailing Prescription to RRS 63.2 will not apply.

2. NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the official notice board located on the bulletin board on LL Locker on the beach.

3. CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any changes to the Sailing Instructions (SI's) will be posted before 0900 on the day they will take effect, except that any change in the racing schedule will be posted before 1800 the day before it will take effect.

4. SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on a docked committee boat.
- 4.2 When Flag AP is displayed ashore, "one minute" is replaced with "not less than 30 minutes" in the Race Signal AP. This changes "Race Signals".

5. SCHEDULE OF RACES

- 5.1 A competitors' meeting will be held Saturday, August 17, at 0930 on the deck in front of the Gary Werden clubhouse.
- 5.2 Five races are planned for Saturday, and three races are planned for Sunday.
- 5.3 Races are scheduled as follows:

5.3.1 Saturday, August 17	First Warning Signal of the Day	1030
5.3.2 Sunday, August 18	First Warning Signal of the Day	1000
5.3.3 Sunday, August 18	No Warning Signal after this time	1300
- 5.4 Flag A displayed, with no sound, while boats are finishing means "No more racing today."

6. CLASS FLAGS

- 6.1 Class flags will be:
 - 6.1.1 Championship Division – Red Flying Scot Class Flag

6.1.2 Challenger Division – White Flying Scot Class Flag

6.1.3 Day Sailer – White Day Sailer Class Flag

7. RADIO COMMUNICATION

7.1 The Race Committee (RC) will use VHF Channel 74 to communicate with competitors.

7.2 Competitors are only to contact the RC on the water in the event of emergencies, safety issues, to retire from a race, or report a protest or penalty taken.

8. RACING AREA

8.1 The race area will be on Lake Massapoag, in front of the Clubhouse

9. THE COURSES

9.1 The courses to be sailed are Windward-Leeward as shown in the Course Diagram.

9.2 There will be an offset mark at the windward mark, except that if the windward mark is repositioned during the race, no offset mark will be used.

9.3 There will be a leeward gate. Boats shall sail between the gate marks in the direction from the previous mark and round either mark. If a gate mark is missing, the remaining mark shall be rounded to port.

9.4 Except for the leeward gate, all marks shall be rounded to port.

9.5 The course designation will be displayed on the course holding frame of the RC signal vessel.

10. MARKS

10.1 The starting marks will be an orange flag on a pin and an RC vessel.

10.2 The windward mark and leeward mark will be orange tetrahedrons or yellow cylinders

10.3 The offset mark, when used, will be a white ball.

10.4 The finishing mark will be a blue flag on a pin and an RC vessel.

10.5 Change marks will be a yellow ball. If the course is changed again, the original marks will be used.

11. SAFETY CHECK-IN

11.1 When the RC signal vessel displays Code Flag L prior to the first warning signal each day, competitors shall sail past the stern of the signal vessel on starboard tack and hail their sail number until acknowledged by the RC. Only the RC may protest alleged breaches of this sailing instruction. If a boat breaks this sailing instruction on the first day, it shall be posted on the Official Notice Board. If a boat also breaks this sailing instruction on the second day, the penalty shall be applied to the first race of the second day and shall be: 1) the Scoring Penalty calculated as stated in rule 44.3(c) or 2) another penalty. This changes RRS 60.1 and 60.3.

12. THE START

12.1 At the on-site registration, each FS Challenger Division boat will be given a colored streamer which shall be flown from the leech of the mainsail at least 12 inches and not more than 36 inches above the clew.

12.2 The starting line will be between a staff displaying an orange flag on the RC signal vessel at the starboard end, and the course side of the starting mark on the port end.

12.3 As a courtesy, the warning signal for each Division may be preceded by a VHF announcement to alert competitors that a starting sequence is about to begin.

12.4 During any starting sequence, boats whose warning signal has not been made shall keep clear of the starting area.

12.5 As a courtesy, the RC may, after the starting signal, hail the sail and/or bow numbers of OCS boats via VHF radio. The delay of such hails, the order of hailing, the failure of the RC to hail, or the failure of a competitor to hear such a hail shall not be grounds for redress. This changes RRS 62.1(a).

12.6 A boat that does not start within 4 minutes after her Division's starting signal will be scored DNS without a hearing. This changes RRS 63.1 and A5.

12.7 No race will be started if, in the opinion of the PRO, the wind is less than 3 knots at the start, or it is unlikely that the first boat will reach the first mark within 12 minutes.

13. CHANGED OR SHORTENED COURSE

- 13.1 If a changed or shortened course affects only one Division, the RC will display the class flag for the Division(s) affected along with flag "C" or flag "S". If no class flag is displayed, flag "C" or flag "S" applies to all Divisions.
- 13.2 No course shall be shortened to fewer than three legs, two of which shall be to windward, and the second windward leg shall be approximately as long as the first. The leg of the course from the windward mark to the offset mark will not count as a leg of the course for this rule.

14. THE FINISH

- 14.1 The finish will be between a staff displaying a blue flag on an RC vessel and the course side of the finishing mark.
- 14.2 Boats that retire before finishing should inform the RC as soon as possible and may do so by VHF radio.

15. PENALTY SYSTEM

- 15.1 RRS Appendix V, Alternative Penalties, Rules V1 and V2 will be in effect.

16. TIME LIMITS

- 16.1 The following time limits apply to each race:
 - 16.1.1 The time limits for the first boat in each division are:
 - To pass the first mark in 12 minutes
 - To pass the second mark in 20 minutes
 - To sail and finish the race in 60 minutes
 - 16.1.2 If any of these limits is not met, the race will be abandoned.
 - 16.1.3 In each division, boats that started and are still sailing the course at 15 minutes after the first boat finishes will be scored Time Limit Expired (TLE) as described in the SCORING section below. This changes RRS 35 and A10.

17. PROTESTS, REDRESS

- 17.1 Protests: Protest forms will be available inside the clubhouse and shall be filed within 30 minutes of the RC signal vessel docking time, which will be posted on the official notice board. The order of protests will be posted within 15 minutes of the end of the protest time. Protests will be held inside the clubhouse approximately in the order received.
- 17.2 Redress Request: If the RC posts a list of boats scored OCS, ZFP, NSC, UFD, or BFD on the official notice board, a request for redress shall be made no later than 30 minutes after posting or the protest time limit, whichever is later. This changes RRS 62.2.
- 17.3 On the last day of racing, a request for reopening a hearing or a request for redress based on a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2 and 66.

18. SCORING

- 18.1 The Low Point System of Appendix A of the RRS will apply with the following modifications:
 - 18.1.1 One race must be completed for each Division to constitute a series for that Division.
 - 18.1.2 Each boat's score shall be the total of her race scores, but if there are 6 or more races, 1 race will be considered a throwout.
 - 18.1.3 A boat scored DNC, DNS, OCS, UFD, BFD, NSC, DNF, RET, DSQ or DNE shall be scored points for the finishing place one more than the number of boats assigned to its Division. This changes RRS A5.2.
 - 18.1.4 The TLE score is the average of the scores available to the boats that were still racing, rounded up to the nearest whole number.

Example of TLE calculation:

Example:

- Boats still racing the course at the time limit: 11
- Boats finishing the race before time limit expired: 7
- Boats scored TLE: 4
- TLE boats' available finishes: 8, 9, 10, 11
- Sum of available finishes: 38
- Average score awarded to TLE boats: $38 / 4 = 9.5$ rounded up to 10

This changes RRS 35, A4, A5.1 and A5.2.

19. SUPPORT BOATS

- 19.1 A competitor shall not use support or spectator personnel or their equipment, including tow vessels, while away from the dock unless they have been pre-approved by the Protest Committee, RC, or made available to all competitors by an Organizing Authority.

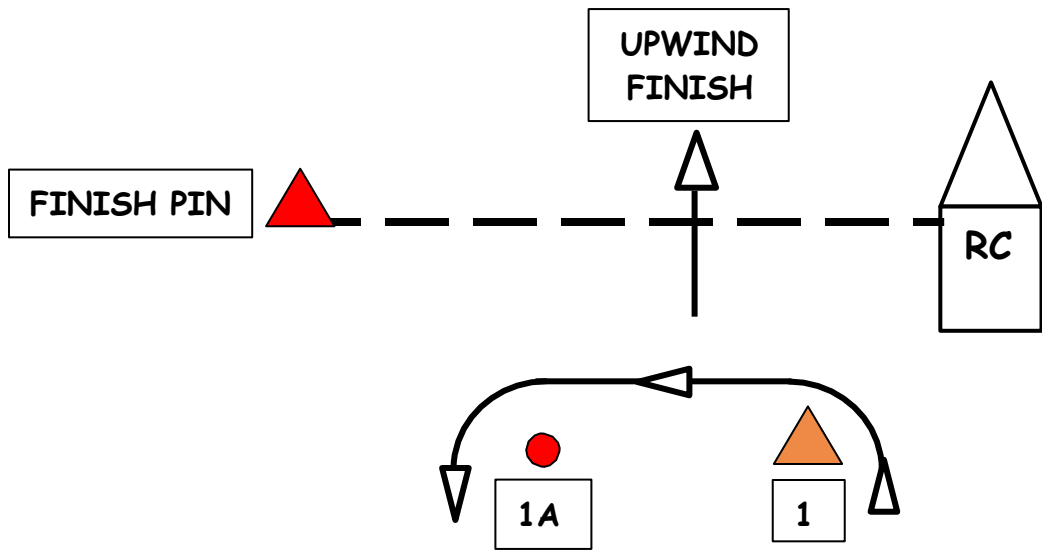
20. PRIZES

- 20.1 Trophies will be awarded as stated in the Notice of Race.

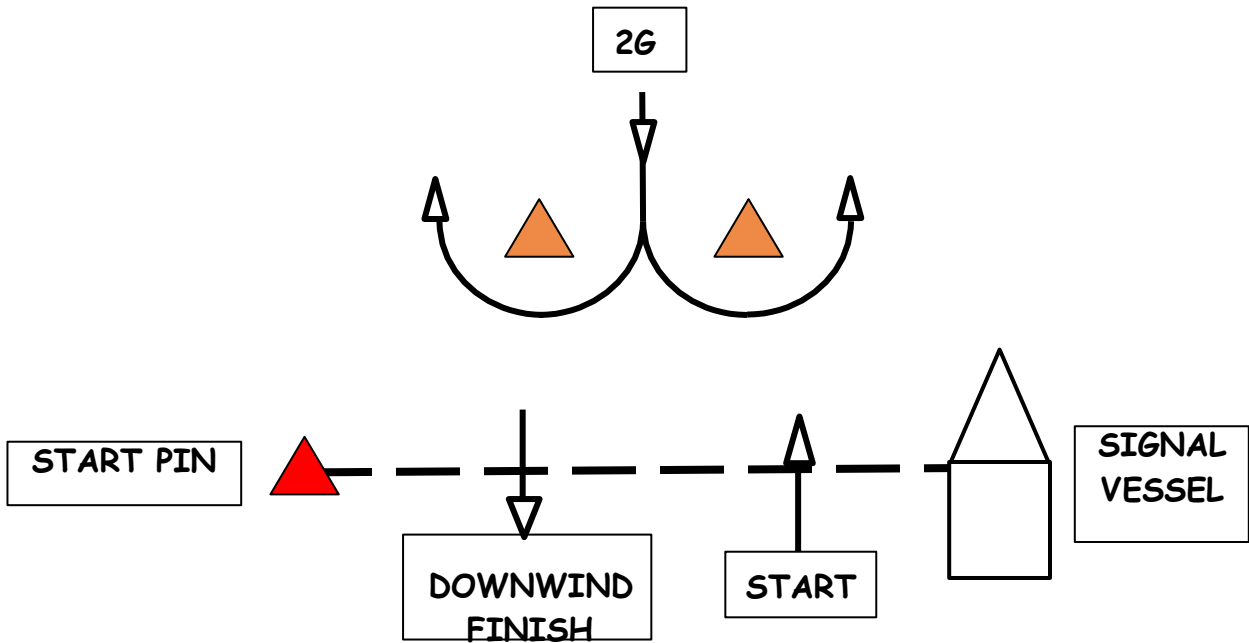
21. DISCLAIMER OF LIABILITY

- 21.1 The disclaimer is as stated in the Notice of Race.

COURSE DIAGRAM --- WINDWARD-LEEWARD



NOT TO SCALE



COURSE 3: START-1-1A-2G-FINISH (upwind)
COURSE 4: START-1-1A-2G-1-1A-FINISH (downwind)
COURSE 5: START-1-1A-2G-1-1A-2G-FINISH (upwind)
NOTE: MARK COLORS AND SHAPES ARE SCHEMATIC ONLY. If mark 1 is repositioned during the race, mark 1A will not be used.