

**Duxbury Yacht Club  
Sailing Instructions  
Midsummer Regatta 2024**

**Rules**

Races will be conducted and judged under the US Sailing *Racing Rules of Sailing* (RRS) 2021-2024 except as modified in these instructions, or by a notice posted two days prior to a race, or by verbal notice given at a scheduled skippers' meeting on shore prior to a race. All official notices will be posted on the Race bulletin board outside the DYC Ellison waterfront clubhouse.

**Entries by DYC Members and Nonmembers**

All races are open to DYC members and guest sailors. All skippers will pay the designated entry fee for the regattas.

Juniors are encouraged to participate in Adult Racing as equal competitors without a fee. Skippers are considered Juniors who have not reached the age of 25 year on January 1 of the current year.

**Scoring and Qualification**

There is a three-boat minimum to establish a fleet for a series or regatta. In an established fleet, if more than one boat starts, the race will be scored.

**Scoring**

Scoring is based on a low-point system specified in RRS A2.1, A4 and A5.2, except that no score shall be excluded. First place gets 1 point, second 2 points, and so on. If a boat does not start a race, is disabled, is disqualified, or withdraws for any reason before finishing, it gets a point score equal to one more than the total number of entrants, that is, equal to one more than the total number of boats who have started any race of the series. Scoring may be modified in the Notice of Race for a special regatta.

For some regattas, there is a trophy for the "best" score in any fleet. The score is calculated by taking the total points for each boat and dividing by the number of entrants in its fleet. Thus, a low score in a large fleet is better than a low score in a small fleet.

**Courses**

Unless otherwise designated, courses will be displayed on a boom on the committee boat by hanging the course letter (see below) under the class insignia. The course for a race may have several laps; the number of laps will be indicated by hanging a number under the course letter. For instance, a D2 course would be start-windward-leeward-windward-leeward-finish. In the case of a W2 or a T2, the starting pin is rounded to start the second lap of the course. Classes will start based on the class flag displayed on the committee boat for each start.

**Finishing**

The finish line will be between a staff on the race committee signal boat and the finish mark on the starboard side of the committee boat (to be clear, the finish line is on the opposite side of the committee boat from the start line).

**For courses D, M and F, the finish line may be crossed *only* at the end of the race; the finish line may not be crossed while on another leg of the course.**



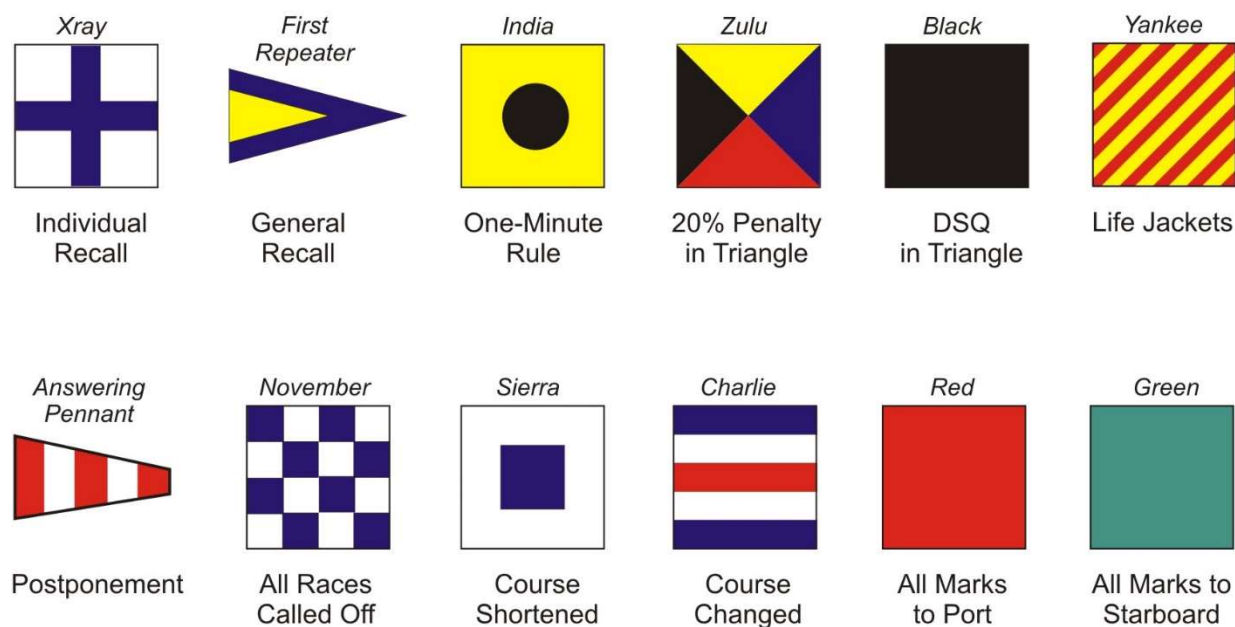
## Changes of Course

Changes of Course will be made as follows:

1. *Prior to a class' warning signal:* by posting the new course in place of the old one
2. *Between a class' warning and preparatory signal:* by posting the new course in place of the old one and calling attention to the change by display of code flag "Charlie" and sounding a horn
3. *After a class' preparatory signal:* by displaying code flag "Answering Pennant" to postpone the race, posting the new course in place of the old one, and beginning the starting sequence again.
4. *After a class' start:* by displaying code flag "Charlie" on an authorized boat that stands by the mark at which the course changes, with the revised course posted or given verbally to each boat. In such a case, the mark at which the change occurs should be rounded in the direction specified by the old course, and boats should assume the new course after rounding.

A Shortened Course will be signified by displaying code flag "Sierra" and by the sounding of two horns. The new finish line shall be at a rounding mark between the mark and a boat displaying the Sierra flag, or by reducing the number of laps and using the previously established finish line.

To maintain a course configuration, or change a course length, marks may be moved as necessary with no signal to competitors if no competitors are on the leg that the mark terminates. This changes RRS 33.



## Communication with the Race Committee

Boats are encouraged to carry handheld VHF radios for communication with the committee boat. Channel 07 will be used for race-related matters unless otherwise announced. (Channel 11 is used by the waterfront staff.) Hails will normally be answered from the committee boat at any time before the start of a race. Thereafter, hails will be answered only if deemed essential to the conduct of the race or the safety of the competitors. The committee is not required to answer a hail at any time.

## Starting Instructions

The starting line shall be between the yellow flag on the committee boat and the flag on the starting mark.

Unless announced otherwise, races will be started based on RSS rule 26 (five-minute sequence).

Attention		3 or more short blasts
Class Warning – Class Flag displayed	5 min	1 long blasts
Preparatory – Flag Up	4 min	1 long blasts
Preparatory - Flag down	1 min	1 long blast
Start – Class Flag down	0 sec	1 long blast

## Recalls

If any boat has started prematurely, the race committee shall promptly display flag “Xray” with attention called by one horn blast. Individual boats which have started prematurely will be verbally recalled by sail number on the bull horn and VHF radio channel 7 on a best effort basis (using the last three digits of the boat’s sail numbers at the race committee’s discretion) but the responsibility for returning for a proper start rest with the competing boat. It is good sportsmanship for other boats to promptly and accurately relay sail numbers when premature starters may not have heard the call. The flag shall be displayed until all such boats have sailed completely to the pre-start side of the starting line or its extensions and have complied with Rule 30.1 if it applies, but it will be lowered after four minutes or one minute before any later starting signal. The race committee will attempt to notify each premature starter when she has properly returned to the pre-start side of the line and may resume racing. In the case of a general recall for any class, the “First Repeater” will be displayed with attention called by a series of horn blasts. The Warning signal for the next start will be made approximately one minute after the First Repeater is lowered.

## Special Starting Rules

If the Race Committee boat displays flag “India,” the One-Minute or Round-an-End Rule is in effect (RRS 30.1).

If the Race Committee boat displays flag “Zulu,” the 20% Penalty Rule is in effect (RRS 30.2).

If the Race Committee boat displays a black flag, the Black Flag Rule is in effect (RRS 30.3).

## Postponement and Abandonment

Races will be started in all weather, unless the wind is so light that boats will not finish the race in the allotted time, or so strong there is considerable danger to boats or participants. Lightning is also reason for cancellation. It is the responsibility of each sailor to consider the condition of the boat and experience of the crew and to decide whether the weather conditions exceed their capabilities.

Starts may be postponed by displaying code flag “Answering Pennant” and sounding two horn blasts. The warning signal for the next start will be made one minute after the Answering Pennant is lowered.

Races may be abandoned by displaying code flag “November” and sounding three horn blasts. All races, including those in progress, are called off for the day.

### **Time Limit**

Unless otherwise stated, the time limit for any race is one hour. A race is official for any class if one boat in that class finishes properly within this time limit unless the race has been abandoned before any boat finishes.

An effort will be made to provide two hours of racing after the designated start time.

As tides are a factor in Duxbury Bay, postponements, if necessary, will be made up until three hours after high tide, after which time racing will be canceled for the day.

### **Life Jackets**

Code flag "Yankee" indicates that life jackets must be worn as long as the signal is displayed.

### **Penalties**

A boat that has broken a rule of the RRS Part 2 (When Boats Meet) or Part 3 (Conduct of a Race) shall take a penalty as soon as possible after getting clear of other boats, as specified in RRS Rules 44 and 31.

Unless otherwise specified for special regattas by announcement at the skippers' meeting, Rule 44.1 is modified for DYC racing by requiring only a **One-Turn Penalty** (one tack and one jibe). Other specifications of Rule 44.2 regarding the execution of the penalty remain in effect.

### **Protests**

The procedures for lodging and deciding protests will be as in Part 5 of the RRS (Protests, Redress, Hearings, Misconduct and Appeals). However, protests by one boat against another must be reported to the race committee immediately after crossing the finish line in the race in which the incident occurred. An effort will be made to assemble a protest committee of knowledgeable and disinterested sailors to hear all protests by the end of that day. In the rare event of a substantive protest or appeal, a protest review committee will hear the protest or appeal at a later date to be agreed by the contestants.

In the Old Timers' Race, skippers must be at least 60 years of age by race day. Crew must be either over 60 or under 18. There is no limit on the number of crew.

### **Required Equipment**

All boats racing must have on board an approved wearable life jacket (USCG Type 1, II, III or V) for each crew member. In addition, all boats except 420s, Lasers and board boats are required to have on board a bucket or bailer, an oar or paddle, a foghorn or whistle, and an anchor with at least 50 feet of line that is not running rigging or less than 1/4" diameter.

Flying Scots and Marshall 15 Sandpipers must have installed the flotation required by class rules. For Flying Scots, this means the foam flotation originally installed by the builder; the bow buoyancy bag that is required for sanctioned events is recommended but not required for local racing.

All boats are subject to inspection by the race committee at any time, and if found to have participated in a race without all the required equipment, may be disqualified for that race by the race committee without a hearing.

All boats are encouraged to carry a VHF radio.

**Additional Rules**

Flying Scots must conform to the Specifications in the Flying Scot Sailing Association Handbook. Certain exemptions are made for Flying Scots in the Duxbury Bay Maritime School fleet.

Marshall 15s must conform to the DYC Marshall 15 Sandpiper Class Rules, which may be slightly different from the national class rules.

Pintails must conform to the Duxbury Pintail Association Class Rules.

Lasers must conform to the class rules and regulations