

2024 Fall High Point Series Race 3

Frostbite Regatta

Sailing Instructions

Race Date: 26 October, 2024

Organizing Authority:
DAINGERFIELD ISLAND SAILING CLUB

1. **Application of SI's** – These Sailing Instructions apply to the Frostbite Regatta, and will be posted on the DISC website (www.discsailing.org).

2. **Eligibility to Participate** – All PHRF entries must have a valid 2024 PHRF of the Chesapeake rating certificate or proof of a submitted rating application to PHRF of the Chesapeake. A new member or out of town entry may receive a one-time courtesy rating from the OA. Each boat representative must register online, pay the regatta fees, and all participants must sign the DISC waiver of liability.

- By participating and entering DISC races and regattas, the boat owner/skipper agrees to abide by the current Racing Rules of Sailing (RRS), the DISC bylaws, the DISC Notices of Race, PHRF of the Chesapeake fleet rules, and the DISC Sailing Instructions.
- By entering an event, the boat owner/skipper agrees that there are inherent risks to competitive sailing and, as such, 1) they are solely responsible for the decision whether to enter or continue any race (RRS 3) and, 2) they shall hold harmless DISC and the DISC officers for any damages or liability that may occur during a race or regatta.
- Each boat owner/captain is responsible for the safety of his/her crew, guests, and boat.

3. **Rules** – This regatta will be governed by the 'Rules' as defined in The Racing Rules of Sailing (RRS). RRS 63.7, Conflict between Rules, is modified by, "If there is a conflict between the Event Sailing Instructions and the Notice of Race, the Event Sailing Instructions shall apply." DISC's Event Sailing Instructions and Notice(s) of Change will be posted on www.discsailing.org.

3.1 The notation "[NP]" in a rule in these Sailing Instructions means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a)

4. **Entries** – At least one class for PHRF non-spinnaker, and one class for PHRF spinnaker fleet boats will be offered.

[NP] All participants should qualify for a U.S. Sailing Near-shore requirements as described in US Sailing,
<https://www.ussailing.org/wp-content/uploads/2023/03/Monohull-SER-2023.0-Nearshore.pdf>

The owner/skipper of each boat entered shall be responsible for the actions of his/her crew, guests, and support persons. In the event of a serious breach of conduct, sportsmanship, destruction of property, or failure to comply with a request from any regatta official, the boat or competitor may be subject to expulsion from the regatta.

5. **Notices to Competitors** – The official Notice Board is electronic. Notices to competitors will be posted on the DISC website www.discsailing.org until 2300 October 25, 2024. On race day

the official Notice Board will be located outside the marina office. The Race Committee may change these instructions up until the end of the Skipper's Meeting and will notify all participants attending the Skipper's Meeting of any changes. Failure to attend the skippers meeting, and failure to receive any changes will not be considered grounds for redress. This modifies RRS 62

6. Handicapping – DISC uses the Performance Handicap Racing Fleet (PHRF) rating system foster competition between dissimilar boats. "CR" ratings will be used for all competitors.

Time-on-Time (TOT) shall be used to determine corrected finish times and to score yachts racing in this event. High Point Series Scoring will be used.

7. Schedule of Races – The Skipper's Meeting will be held at 0900 on the deck outside of the marina office at Washington Sailing Marina. Failure to attend the meeting, and possibly receiving changes will not be considered as grounds for redress.

- The rendezvous time is 0950, in the vicinity of Potomac River R4. The scheduled time for the First Warning Signal for all races is at 0955 for a 1000 start. The RC is permitted to delay the start to allow all boats to arrive.

8. Radio – Boats should monitor VHF 69 for courtesy communications from the Race Committee. Competitors may not receive radio communications not available to all competitors, this includes cell phones. All radio transmissions by the RC will be a courtesy. Failure to receive or understand any radio transmission will not be considered as grounds for redress. This modifies RRS 62.

9. Course and marks – DISC courses are listed under Racing Resources on the DISC website, www.discsailing.org. Fixed government marks will be used. The course will be determined the day of each race. All marks serving as turning marks are to be left to Port unless that mark is a finishing mark, or specifically directed to round to starboard by the Race Committee course selection. All boats shall "thread the needle" pass between the Race Committee boat and R4 when transiting North and South.

10. Starting and Finishing Lines – The start/finish line will be an imaginary line between the orange flag on the committee boat and Potomac River R4.

10.2 There will be starts for, Spinnaker and Non-spinnaker fleets. It is the intension of the RC to have multiple races.

When finishing, skippers in both fleets should record their own finish time using GPS time. When possible, they should record the boat finishing immediately ahead and behind them.

11. Time Limit – The time limit will be 90 minutes for the first boat in a class to finish. If no boat finishes within the time limit, the race shall be abandoned. A boat finishing within the time limit for a race makes the race valid for all boats in that race. All other boats must finish within 30 minutes of the original time limit or be scored TLE.

11.1 **TLE-** Boats not finishing within the time limit will receive a score equal to 2 points more than the last finishing boat, but not more than last place. This modifies RRS Appendix A5.

12. Shortening Course – The RC racing may shorten the course by displaying code flag “S” with 2 short horn blasts, and announcing the shortened course over VHF channel 69. Failure to receive or understand the announcement will not be considered as grounds for redress. This modifies RRS 62.

12.1. At such time the course is shortened, the new finish line of the shortened course shall be the original start finish line. This modifies RRS 32.2.

13. Protests – Protests must be made in accordance with the current Racing Rules of Sailing to be considered a “valid protest”. Upon finishing, the Race Committee boat (if Available) must be notified of the intent to protest another boat and the protest must be filed with the Standing Race Committee in person or with the DISC officers by email at officers@discsailing.org by 0900 the day after the race. A time and date will then be set for the hearing.

A protested competitor may be able to exonerate themselves from a foul by performing one tack and one gybe in the same direction or two tacks and two gybes in the same direction, in accordance with rule 31 or Part 4, paragraphs 44.1-44.2 or by taking a 20% scoring penalty on the water in accordance to rule 44.3, unless their penalty is to retire, or

After racing but before the start of a protest hearing involving the incident, by taking a 30% Scoring Penalty. Notice of a post race penalty must be emailed to officers@discsailing.org before the start of a protest hearing. However, if the boat caused injury or serious damage or gained a significant advantage by her breach, her penalty shall be to retire.” This modifies Appendix V2.

A boat’s penalty score shall be the whole number of boats (rounding 0.5 upward) nearest to 20% (or 30% for RAF) of the number of boats entered, except that she shall not be scored worse than DNF.

14. Scoring – Handicapping of individual yachts will be based on the PHRF certificates on file with the Race Director and/or posted on the PHRF of the Chesapeake website. There will be at least one spinnaker and non-spinnaker fleet. PHRF of the Chesapeake CR ratings will be used.

This race will be part of the Fall High Point Series. The race will be scored individually and as part of the series.

- Yachts starting a race but not completing it will be scored as “DNF” and assigned 1 more point than the number of competitors in the fleet that came to the starting area that day.
- Yachts that arrive at the start before the countdown, but do not race will be scored as “DNS” and assigned 1 more point than the number of competitors in the fleet that came to the starting area that day.
- Yachts registered for the series, but not starting, will be scored as “DNC” and assigned 1 more point than the number of competitors in the series.
- Yachts not finishing within the allowable time will be scored Time Limit Expired, “TLE” and will be assigned 2 points plus the number of boats to finish (in their class) within the time limit. TLE shall not be worse than last place.
- Yachts scored DSQ will be assigned 1 more point than the number of competitors in the fleet that came to the starting area that day.

15. **Management** – The races shall be under the management of the DISC Standing Race Committee, which shall have the full power to interpret the rules, oversee protests and to reject entries of any yacht at any time. DISC accepts no responsibility for accidents occurring during the race.

16. **Race Committee** – The Standing Race Committee is comprised of David Eidsmoe (Vice Commodore), John Tucker, (Spin Fleet Captain), Steve Clement, (Non-spin Fleet Captain), any Executive Committee Officer in attendance, or a person or persons appointed by the Executive Committee.

17. **Safety** – All safety equipment required by the Coast Guard must be onboard. A minimum crew of two (skipper plus one crew) is mandatory for all PHRF entries. All yachts must meet all local regulations, any yacht found negligent of Coast Guard safety regulations will be disqualified. All PHRF entries must be self-righting at all times while racing.

17.1 All crewmembers shall wear Personal Flotation Devices (PFDs) when instructed by the RC or Standing Race Committee. Should the Race Committee or Standing Race Committee become aware of a crew member without a PFD, except for the removal or addition of clothing they may protest that competitor and may use information from a person with a *conflict of interest*. This modifies RR 40. DISC encourages all competitors to wear PFD's at all times.

Sailing is an all-weather sport. It is the responsibility of individual skippers to decide, based on conditions at the time of the race and their own assessment of their boat and crew's ability, whether or not to race. The Standing Race Committee, Executive Committee, and Race Committee are aides in determining the safety issues that may arise, to include weather changes, increased commercial traffic, floating debris, etc. They do not, by any means substitute for the judgment of the skipper or the crew in their decision to participate in the event as each boat and crew has differing characteristics, skill levels, and abilities. The Standing Race Committee will assist with determining if a race will be held. Such decisions will be made on the day of the race, based on conditions at that time. In the case of lightning, dangerous wind or other extreme conditions, the Standing Race Committee may decide to postpone or cancel a race.

18. **Commercial Traffic** – A boat shall not exercise right of way over, cross in close proximity to, or interfere with reasonable transit of the race area by commercial freighters, tugs and tows, or other commercial vessels. A boat charged under this rule has the burden of proof that she did not interfere with the commercial vessel. Boats must take evasive action well in advance of any potentially dangerous situation. A letter from a Ships Captain, the Coast Guard, DC Harbor Police, or any other agency will be accepted as evidence without the author present.

The Race Committee may protest under this instruction based on information received from competitors or any person, including a person with a *conflict of interest*. If a competing yacht is found to have violated this rule, the yacht shall be scored DSQ for that race. The OA may impose more severe penalties if they determine that gross negligence on the part of skipper or crew of the yacht in question endangered the safety of their yacht, other DISC yachts, or commercial traffic transiting the racecourse. There will be no protest time limit for an infraction. This changes RRS 60.2(a).

19. If a boat without way in a ship channel infringes RRS 42.1 by using her engine or other propulsion to clear the channel, she may continue racing but, at the finish line, must inform the

Race Committee (if available) of the incident and, if required at a subsequent hearing, must satisfy the Protest Committee that she did not gain an advantage as a result of using normally prohibited methods of propulsion. Detailed information of the incident must be provided to Officers@discsailing.org.

Please contact the DISC officers at officers@discsailing.org with any questions about DISC racing or these Race Instructions.