



Arden Regatta

South Bay

San Diego, California



Saturday, August 10, 2024

SAILING INSTRUCTIONS

1 RULES

- 1.1 Add new rule 41(e): (e) help to recover from the water and return on board a crew member, provided the return on board is at the approximate location of the recovery.
- 1.2 Per RRS 42.3(i), competitors may use an engine or other propulsion method to avoid naval or cruise ships in the channel, provided they gain no significant advantage in the race.
- 1.3 If the Race Committee boat is damaged because of a boat breaking a rule, that boat shall be responsible for the repairs.

2 CHANGES TO SAILING INSTRUCTIONS

- 2.1 Any change to the sailing instructions will be posted before 0900 on the day it will take effect, except that any change to the schedule of races will be posted by 2000 on the day before it will take effect.
- 2.2 In accordance with RRS 90.2 (c), oral changes to the Sailing Instructions may be made on the water. A change is in effect when the Race Committee (RC) signal boat displays Flag **L** over **A** with one sound signal. This means come within hail of the RC boat to receive the oral changes to the Sailing Instructions.

3 COMMUNICATIONS WITH COMPETITORS

- 3.1 Official notices and amendments will be available online through the [EVENT NOTICE BOARD](#) on this event's page on the [SWYC](#) website.
- 3.2 On the water, the RC will monitor and communicate with competitors on VHF radio channel 68. Please contact them to notify of a boat's intent to withdraw from racing per SI 19.1.
- 3.3 **In the event of an on-the-water emergency, first contact the US Coast Guard on VHF Channel 16 directly and immediately, then contact the RC.**

4 CODE OF CONDUCT

- 4.1 [DP] Competitors and support persons shall comply with reasonable requests from race officials.

5 SCHEDULE OF RACES

- 5.1 Three races are scheduled for all classes. The RC reserves the right to run more than three races per class.
- 5.2 The scheduled time of the warning signal for the first race is **11:55am**. The warning signal for subsequent races will be as soon as possible after the completion of the previous race for that class.

6 ENTRIES & CHECK-IN

- 6.1 Boats will have completed their "Check-In" when they check-in with and are acknowledged by the R/C, while clearly displaying their sail number ~~and backstay pennant~~.
- 6.2 Check-In will commence when the "L" flag is hoisted.
- 6.3 Visual and radio check-in (VHF 68) are acceptable until the first Warning Signal. Visual check-in may continue after the first warning at the sole discretion of the R/C (but not within one minute of any start).

7 CLASS PENNANT

- 7.1 The warning signal for the sport boat class will be numeral pennant one.

8 RACING AREA

- 8.1 The racing area will be the South San Diego Bay. For navigation, refer to NOAA Chart #18773, San Diego Bay.
- 8.2 The starting area will be in the vicinity of buoys SD28 and SD30.

9 COURSES

- 9.1 The racecourse number, approximate compass bearing to the weather mark, and distance between the start line and the corresponding weather mark will be displayed onboard the RC boat no later than the first warning signal for each class. Courses may be posted and changed up to the warning signal for any class.
- 9.2 Courses will be windward/leeward and selected from Attachment A.
- 9.3 All marks listed are considered rounding marks.

10 MARKS

- 10.1 Marks will be as follows:
 - Weather Mark = yellow tetrahedron
 - Weather Mark change = orange tetrahedron
 - Start Pin / Leeward Mark / Finish Pin = yellow tetrahedron

11 THE START

- 11.1 The starting line is between a staff with an orange flag on the RC vessel at one end and the course side of a yellow tetrahedron near the RC boat at the other end as shown on Attachment A.
- 11.2 A boat that does not start within 5 minutes after her starting signal will be scored Did Not Start without a hearing. This changes RRS A5.1 and A5.2.
- 11.3 As a courtesy, one minute prior to the first warning the RC will sound 4 horn blasts.

12 RECALLS

- 12.1 If any part of a boat's hull is on the course side of the starting line at her starting signal and she is identified, the RC will hail her sail number as soon as possible over a loud hailer and/or on VHF 68. It is the responsibility of each boat to start properly.
- 12.2 Failure to hail her number, failure of her to hear such a hail, or the order in which boats are hailed will not be grounds for a boat's request for redress. This changes RRS 62.1(a).

13 CHANGE OF THE NEXT LEG OF THE COURSE

- 13.1 The race committee may, without signal, move a mark to change the direction up to 10 degrees or the length up to 10% of the previous length, provided that no boat is sailing to the mark. This changes RRS 33.
- 13.2 The race committee may, without signal, adjust a leeward or finish line mark while boats are on the first half of the leg. This changes RRS 33.
- 13.3 To change the next leg of the course more than allowed by SI 13.1, the race committee will lay a new mark and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark.

14 THE FINISH

- 14.1 The finishing line is between a staff with a blue flag on the RC vessel at one end and the course side of a yellow tetrahedron near the RC boat at the other end as shown on Attachment A.

15 PENALTY SYSTEM

- Further to NoR 10.2:
- 15.1 RRS V1, Penalty at the Time of the Incident, shall apply.
- 15.2 RRS V2, Penalty Taken After a Race, shall apply.

16 TIME LIMIT

- 16.1 If no boat in a class has finished by **4:30 PM** on the day of the race, the race will be abandoned for that class.
- 16.2 Boats not finished by **5:00 PM** will be recorded as DNF. This modifies RRS 35, A4 and A5.

17 HEARING REQUESTS

- 17.1 RRS 61 is modified to add this additional requirement: A boat intending to protest shall report her intentions and the boat(s) being protested to the RC boat on station upon finishing or retiring and obtain RC acknowledgment. Radio reports of protests are only accepted from boats that are retiring from the race.
- 17.2 The Protest Time Limit expires 60 minutes after the RC boat docks. The Protest Time Limit will be posted on the [EVENT NOTICE BOARD](#).
- 17.3 Written protests may be filed electronically or in person.
Protests filed electronically may be sent to Colleen Cooke, at sailorcookie@cox.net.
The US Sailing app is an excellent tool for this purpose.
Protests may also be filed in person or electronically to any member of the SWYC Race Committee.
Protests may also be brought to the RC at the after-race party.
- 17.4 The parties involved will be listed, in the order of filing, on the [EVENT NOTICE BOARD](#) and protests will be heard as soon as practicable, which will be at a later date and may involve Zoom. This posting constitutes the notice required by RRS 63.2, *Time and Place of the Hearing*.
- 17.5 An arbitration meeting may be held prior to a protest hearing according to RRS Appendix T for breaches of the rules of Part 2 or rule 31 where there is no damage or injury, if a USSA Certified Judge is available. Protests not resolved through arbitration will be referred to the Protest Committee for a hearing.

18 SCORING

- 18.1 Scoring will occur as stated in the NoR.

19 SAFETY REGULATIONS

- 19.1 [DP] A boat that retires from a race shall notify the race committee at the first reasonable opportunity. Informing the RC can be accomplished by either (a) sailing (motoring) past the RC vessel OR (b) radioing the RC vessel (VHF 68).
- 19.2 Notwithstanding any safety requirements, the ultimate safety of a boat and her crew is the sole and inescapable responsibility of the owner or charterer. He/she must do his/her best to ensure that the boat is fully sound, thoroughly seaworthy and manned by an experienced crew who are physically fit to face bad weather. He/she must be satisfied as to the soundness of hull, spars, rigging, sails and all gear. He/she must ensure that all safety equipment is properly maintained and stowed, and that crewmembers know where it is stowed and how it is used.

20 RACE RESULTS & TROPHY AWARDS

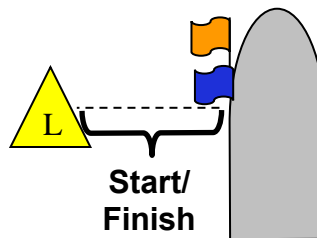
- 20.1 Race results will be published on the [EVENT NOTICE BOARD](#) on this event's page on the [SWYC](#) website .
- 20.2 In addition to the Arden Series Perpetual Trophy, prizes will be awarded for **first** through **fourth** place at the after-race party at SWYC.
- 20.3 The members of SWYC invite race participants to enjoy the hospitality of their club after racing.

21 FURTHER INFORMATION

Contact Colleen Cooke, PRO, at (619)852-5010 or sailorcookie@cox.net.

Attachment A:
Arden Regatta Course Chart
(All rounding marks are to port)

Course	Marks
2	Start, W, L, W, Finish
3	Start, W, L, W, L, W, Finish



Not to scale.