



**Lauderdale Yacht Club - 80th Annual Boomerang Regatta**  
**March 1-2, 2025**



Sponsored by:

and



**OCEAN COURSE SAILING INSTRUCTIONS**

**1.0 RULES**

- 1.1 This regatta is organized under the authority of the Lauderdale Yacht Club and will be sailed under the management of the Lauderdale Yacht Club Race Committee. The regatta will be governed by the current Racing Rules of Sailing (RRS), the prescriptions of US Sailing except those of rule 63.2, the rules of the classes competing as they apply to that class, except as any of these are changed by the Notice of Race or the Sailing Instructions, and properly posted amendments thereto. The US Sailing Prescriptions are available at [www.ussailing.org](http://www.ussailing.org)
- 1.2 If there is a conflict between the Notice of Race and these Sailing Instructions, the Sailing Instructions will take precedence.
- 1.3 Each owner/charterer is solely responsible for the safety of his/her boat and the decision whether or not to launch, proceed to the race course, start or continue to race is the owner's/charterer's responsibility and not that of the Lauderdale Yacht Club.
- 1.4 If the race committee determines ocean sailing conditions, or port transit conditions, are unsuitable for any class or any part of a class, designated competitors may be assigned an alternate location and courses in protected waters, or not permitted to sail. This changes RRS 4 (Decision to Race).

**2.0 ENTRIES**

- 2.1 Eligible boats may be entered by completing registration with the Lauderdale Yacht Club Race Committee in accordance with the Notice of Race. Each Class must have a minimum of five entries.

**3.0 EQUIPMENT AND INSPECTION**

- 3.1 Equipment must conform to the regulations of the class concerned. In addition to any class requirements, all entrants in Optimist and ILCA classes shall carry a tow line of at least 25 feet in length and at least 1/4 inch in diameter. The tow line shall be securely tied to the mast with a bowline at all times while afloat, including when racing.
- 3.2 Conformance to these equipment standards or inspection of a boat in no way limits or reduces the complete and unlimited responsibility of a boat's skipper for the safety of a boat. The Race Committee reserves the right to inspect entries for eligibility and equipment requirements at any time prior to the awards. Boats which fail to comply with these equipment standards are subject to protest by the Race Committee. If such a protest is sustained, the boat may be disqualified or assessed an appropriate penalty.

#### 4.0 NOTICE TO COMPETITORS

4.1 Notices to competitors will be posted on the event's Official Notice Board outside the Atlantic Room.

#### 5.0 CHANGES IN SAILING INSTRUCTIONS

5.1 Any change in the sailing instructions will be posted before 0900 on the day it will take effect. Any change to the schedule of races will be posted by 1900 on the day before it will take effect.

#### 6.0 SIGNALS MADE ASHORE

6.1 Signals made ashore will be displayed at the easternmost flagpole of the Lauderdale Yacht Club.

6.2 Code flag AP, Answering Pennant, displayed with two accompanying sound signals means the racing is postponed. When AP is lowered with one accompanying sound signal, the time of the warning signal for the next race is posted on the regatta notice board. This changes Race Signals.

6.3 Code Flag L displayed ashore indicates all competitors ashore should return to the Pavilion (skippers meeting area) for instructions.

#### 7.0 ORAL INSTRUCTIONS

7.1 Oral instructions may be given by the Race Committee with the following procedure: **DISPLAY OF CODE FLAG "L"**. The Race Committee boat will display code flag L and all competitors will pass astern of the Race Committee Signal Boat on starboard tack to receive the oral instructions.

#### 8.0 SCHEDULE

Event	Day	Time	Location
Skipper's Meeting	Saturday, March 1	0915	LYC Pavilion
Coaches Meeting	Saturday, March 1	0930	LYC Pavilion
<b>Harbor Start</b>	<b>Saturday, March 1</b>	<b>0940</b>	<b>LYC</b>
First Warning	Saturday, March 1	1100	Racing Area
Post-Race Cookout	Saturday, March 1	After Racing	LYC Pavilion
<b>Harbor Start</b>	<b>Sunday, March 2</b>	<b>0900</b>	<b>LYC</b>
First Warning	Sunday, March 2	1000	Racing Area
No Warning Signal After:	Sunday, March 2	1500	Racing Area
Awards	Sunday, March 2	TBD	LYC Pavilion

#### 9.0 RACING AREA

9.1 The Racing Area is the Atlantic Ocean, approximately 1 mile North of Port Everglades inlet and approximately 1/2 mile offshore.

## **10.0 COURSES**

- 10.1 Courses are shown on the attached course diagrams.
- 10.2 The course to be raced for each class will be displayed on a course board on the signal boat and announced on the designated VHF channel prior to the warning signal of each race. (VHF broadcasts are intended for support and coach boats).
- 10.4 All rounding marks (except a leeward gate) shall be rounded to port. If only one of the gate marks is present, then that mark shall be rounded to port.
- 10.5 The ILCA 4 course will use a shorter weather mark, noted as “1s” on the diagrams.)

## **11.0 MARKS**

- 11.1 Marks are designated on the course diagrams and are as follows: the windward mark for each class, reach mark, and leeward gates will be MarkSet Bots, replacement marks if used will be yellow tetrahedrons. Finishing marks shall be between a finish boat with line flag and an orange cylinder mark. A short weather mark for the ILCA 4 will be an orange cylinder mark.

## **12.0 START**

- 12.1 Class flags for each class racing will be described at the Skipper’s Meeting.
- 12.2 The Start will be in accordance with RRS 26.
- 12.3 The starting line will be as follows:
  - 12.3.1. For the Opti fleet, the starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and an anchored Race Committee Pin Boat **or** inflatable tetrahedron at the port end.
  - 12.3.2. For the ILCA fleets, the starting line will be between a staff displaying an orange flag on the Race Committee Signal Boat at the starboard end and a round white mark on the port end. This mark will be positioned approximately the mid-line of the optimist starting line.
- 12.4 Boats whose preparatory signal has not been made, and support boats, shall remain 50 yards to leeward of the starting and finish line.
- 12.6 There may be multiple sounds before the warning signal.
- 12.7 The Mid-line start mark (small white mark for ILCA) is not a mark of the course for the Optimist Class.

## **13.0 SAFETY**

- 13.1 Except for brief periods when adding or removing clothing, all sailors must wear adequate personal buoyancy at all times while on the water. Code Flag “Y” will not be displayed. This changes RRS 40.

- 13.2 Boats not leaving the harbor for the day's racing shall inform the Regatta Office prior to the harbor start.
- 13.3 A skipper requesting assistance should attempt to signal by waving one arm over the skipper's head.
- 13.4 A boat that decides not to compete in the race or retires after starting a race shall notify the Race Committee or report to a designated Safety Boat or Safety Ball as soon as practical. **No boat shall leave the vicinity of the racing area without communicating with, and obtaining permission, from the Race Committee.**
- 13.5 A Safety Protocols Addendum contains additional safety-related requirements.

#### **14.0 CHANGE OF COURSE**

- 14.1 A mark, including weather marks, reach marks, gates, or finish marks, may be moved up to 10 degrees or up to .10 nm in distance in response to a change in wind direction or strength without signal, provided no boat has begun the leg. This changes RRS 33.
- 14.2 A change of course greater than 10 degrees after the start will be signaled at the mark beginning the leg being changed by a Race Committee Signal Boat that will display code flag "C" with the appropriate Class Flag, the appropriate compass bearing to the new mark position and sound a signal periodically. If no Class Flag is displayed the course change applies to all classes. The change will be signaled before the leading boat has begun the leg, even though the mark may not yet be in position. Any mark to be rounded after rounding the new mark position may be relocated to maintain the original course configuration.

#### **15.0 FINISH**

- 15.1 The finishing line will be between a staff displaying an orange flag on a Race Committee Boat and the appropriate finish mark, in accordance with the course diagram.

#### **16.0 TIME LIMIT**

- 16.1 Any race in which no boat rounds the first windward mark within 25 minutes, or finishes within 75 minutes of the start, will be abandoned. Boats failing to finish within 20 minutes after the first boat in her class finishes will be scored DNF. This modifies Rule 35.

#### **17.0 PROTESTS AND REDRESS**

- 17.1 Competitors are strongly encouraged to monitor the Official Notice Board for protest and scoring penalty notices. Time limits will be strictly enforced for notices properly posted, and failure to check the board when notice has been properly posted will not be grounds for redress.
- 17.2 The protest time limit is 45 minutes after the docking of the Race Committee finish boat.
- 17.3 A request for redress for a scoring penalty (OCS, ZFP, BFD, UFP) shall be made no later than 30 minutes after the protest time limit when the scoring penalty was posted on the Official Notice Board prior to the protest deadline. This changes RRS 60.3.

- 17.4 Requests for redress relating to a starting penalty must state the procedural error the competitor believes the race committee may have made. Further, the competitor will be expected to establish that he or she started properly. This changes RRS 60.3.
- 17.6 Only the Race Committee or Protest Committee may protest a competitor for violation of SI's 3, 13, and 20, and the Protest Committee may assess a scoring penalty other than disqualification for their violation.

## **18.0 SCORING**

- 18.1 The Low Point scoring system, RRS Appendix A, will apply modified so that each boat's regatta score will be the total of her race scores, with her worst score discarded if six or more races have been completed. Six races are scheduled, of which one race shall be completed to constitute a regatta.

## **19.0 PRIZES**

- 19.1 Awards will include first through fifth place for classes with ten or more boats and first through third for classes with fewer than ten. The Race Committee may award additional awards, including the following:

Gar Wright Award – Opti Red Fleet Champion

Clyde W. Wright II Award – Top Junior sailor on the Ocean Course from either the Optimist or ILCA class.

## **20.0 SUPPORT AND SPECTATOR BOATS**

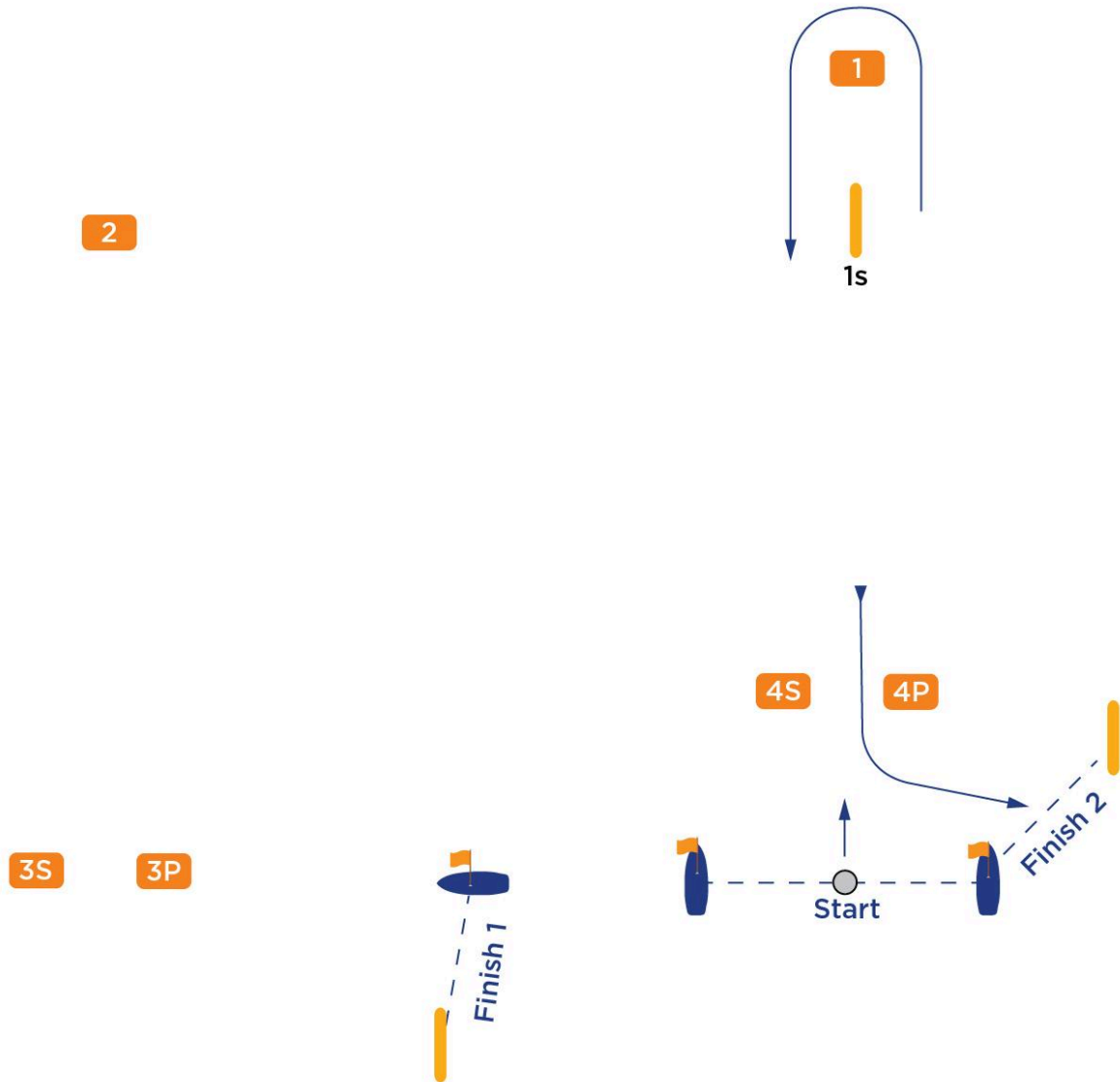
- 20.1 Except when providing safety assistance to a competitor, support boats shall not be in the racing area from the time of the preparatory signal for the first class to start until all boats have finished or the race committee signals a postponement, general recall or abandonment. The racing area is defined as 75 yards away from the outside of the exterior lay lines of the race course, including the windward mark and finish lines.
- 20.2 All coach boats must register with the Race Committee prior to the Skipper's Meeting and each will be issued a flag that must be displayed at all times while afloat. All support and spectator boats shall monitor the designated VHF channel for requests from the Race Committee to assist with fleet safety. Support and spectator boats may enter the race area at the request of the Race Committee or when they deem it necessary to assist a boat in distress.
- 20.3 Anchoring on Coral Reefs, Hardbottom or Seagrass is prohibited under Florida law.
- 20.4 Special provisions are in effect for the protection of, including but not limited to Manatee, Sea Turtle & Sawfish, as well as critical habitat, including but not limited to Johnson Sea Grass, Staghorn and Elkhorn corals. See attached information for further reference.
- 20.5 Competitors may not drop off or retrieve gear from Race Committee boats. Competitors may drop off trash on Race Committee boats.

- 20.6 Support and coach boats are subject to additional rules in the Safety Protocols Addendum. Support and Coach boats' overnight dockage will be subject to an assignment from the Lauderdale Yacht Club Marina Director. Boats left in slips or areas without authorization from the Marina Director or Regatta Chair may be removed from the venue and stored offsite at the owner's expense.

**Bobby Noonan**  
**Principal Race Officer -- Ocean Course**  
**Lauderdale Yacht Club**

# COURSE DIAGRAMS

W1



Course:

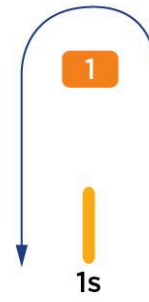
Signal	Mark Rounding Order
W1	Start - 1 - 4p - Finish

ILCA 4:

Signal	Mark Rounding Order
W1	Start - 1s - 4p - Finish

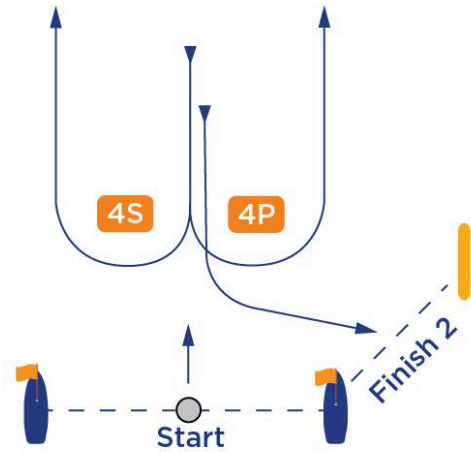
W2

2



3S

3P



Course:

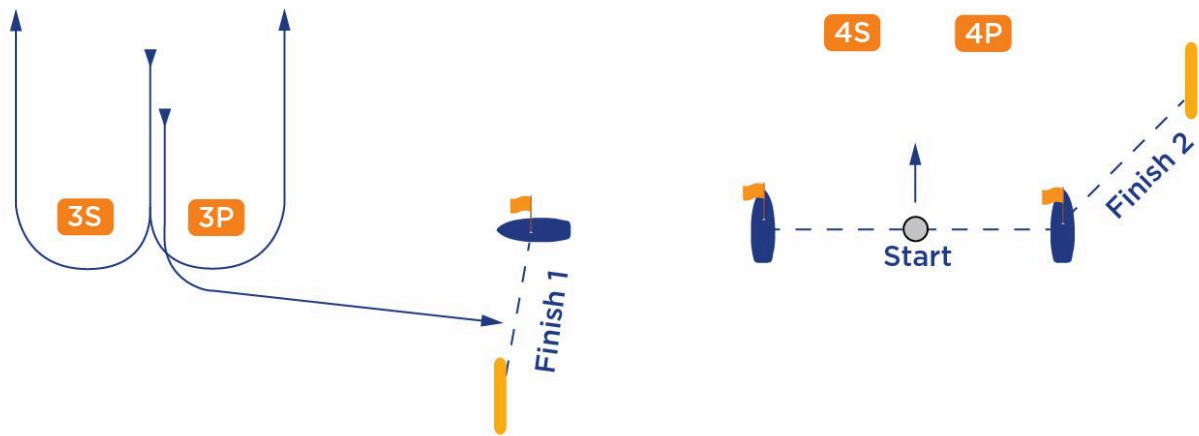
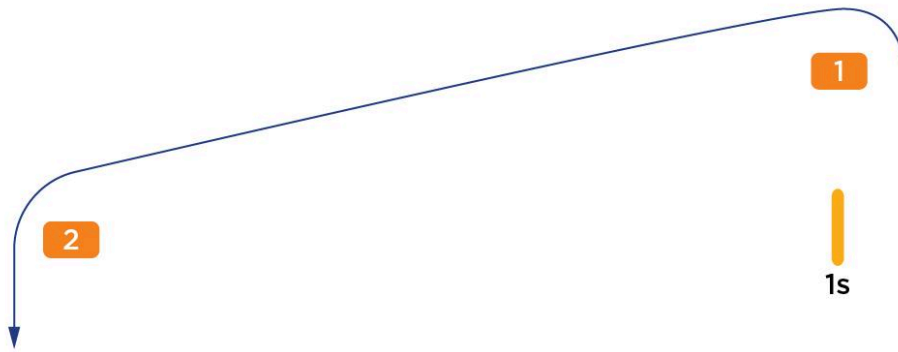
Signal	Mark Rounding Order
W2	Start - 1 - 4s/4p - 1 - 4p - Finish

ILCA 4:

Signal	Mark Rounding Order
W2	Start - 1s - 4s/4p - 1s - 4p - Finish



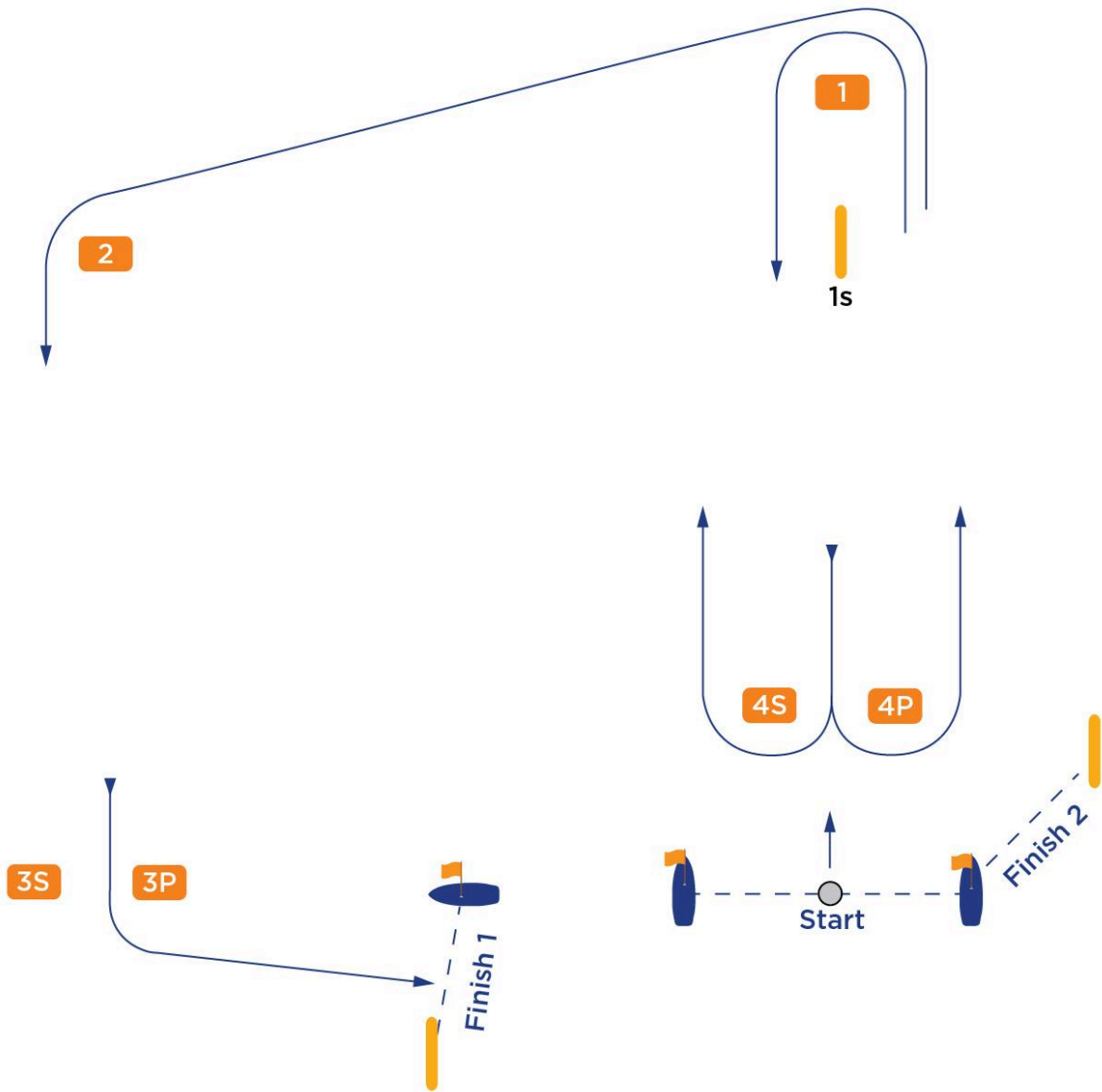
O2



Course:

Signal	Mark Rounding Order
O2	Start - 1 - 2 - 3s/3p - 2 - 3p - Finish

I2



Course:

Signal	Mark Rounding Order
I2	Start - 1 - 4s/4p - 1 - 2 - 3p - Finish

## **SAFETY PROTOCOLS ADDENDUM**

### **1. Sailing or Towing to the Racecourse:**

a. The entire area in front of LYC, the bridge, the fuel dock, and inlet is a “no wake zone”. There are a pair of signs halfway out the inlet indicating when it is allowable to “resume normal safe operation”. When returning from the ocean, you must slow to idle/no wake speed when approaching these signs. Law Enforcement in South Florida considers any boat operating on or near plane to be violating a no wake zone. You must operate a coach or support boat at idle at all times when transiting through the inlet to and from the race course. When sailing through the transit area, almost all motorboats (motor yachts) will have the right-of-way due to their “restricted in their ability to maneuver” status.

b. There is a shoal to the East of the club’s docks, stay near the east docks as you sail or tow south towards the bridge. Once you get to the south end of the docks, you may go out the well-marked LYC access channel to the Intracoastal Waterway channel. The water to the south of the LYC channel is sufficient for safe sailing.

c. Before you get to the bridge, you must cross the Intracoastal and go through the East span of the bridge as you head south. Under no circumstances are you to go through the West span: it is against Homeland Security rules and Law Enforcement has the ability to “terminate your voyage” and patrols the prohibited zone 24 hours/day. The center span is heavily trafficked and not advised. When you turn east again to head out to the inlet, we recommend that you cross early to the south side of the inlet. It is imperative that you stay out of the center of the Port Everglades Channel at all times, except when safely crossing the channel in the absence of ship and boat traffic.

d. See accompanying chart Transit Chart and Summary. . The Sailing Instructions provide for penalties that can be assessed for violations of the safety protocols.

### **2. Other Safety and Courtesy Concerns:**

a. Honor all Rules of the Road. When you reach the Atlantic Ocean, be aware of dive flags. A diver down flag is a flag used on the water indicating that there is a diver below. It is red with a white stripe from the upper left corner to the lower right corner. Florida Law requires that boaters must make reasonable efforts to stay 300 feet/100 yards away from diver-down flags. Divers also swim from the beach, with small kayaks or without vessels, so please take care to be aware of divers.

b. There are a series of white dive balls anchored north and south approximately 1/2 mile offshore and running from the inlet to the race areas. It is suggested that you avoid this area.

c. Stay out of the way of the cruise ships, water taxis, commercial fishing boats, and pilot boats.d. All competitors shall at all times carry a towline as outlined in the NOR and Sailing Instructions.

**3. Environmental Concerns:** Anchoring of event vessels on Coral Reefs, Hardbottom or Sea grass is prohibited under Florida Law. Spectator, support and/or coach vessels are prohibited from anchoring anywhere in the vicinity of the event. If you encounter any Manatees, Sea Turtles or Sawfish during your

sailing, they deserve special attention, and you must avoid any collision or contact. Please read and observe the local and federal rules governing our Florida Treasures. Additionally, special provisions are in effect for the protection of, including but not limited to Manatee, Sea Turtle & Sawfish, as well as critical habitat, including but not limited to Johnson Sea Grass, Stag horn and Elkhorn Corals.

**4. VHF:** It is MANDATORY that all support and spectator boats monitor the designated VHF channel for requests from the Race Committee to assist with fleet safety and to receive information relative to the intentions of the Race Committee. Emergency VHF channel is 16, and the shipping channel is 14.

**5. SIs:** Read your Sailing Instructions. This includes sailors, coaches and any support boats for the sailor.