

NOTICE OF RACE & SAILING INSTRUCTIONS

IQFOIL MIDWINTERS East

February 20-23, 2025

Organizing Authority:

Clearwater Community Sailing Center & US Sailing

1 RULES

1.1 The regatta will be governed by the rules defined in The Racing Rules of Sailing (RRS).

1.2 RRS Appendix B will apply, however RRS B5 61.1(a)(protest requirements) and B8.A8(series ties) are deleted.

1.3 RRS Appendix T - Arbitration - will apply.

1.4 Supplemental Sailing Instructions (SSI) will be published and may change or supplement rules in these NoR/SI 1.6. In all rules governing this regatta:

1.5 [SP] denotes a rule for which a standard penalty may be applied by the race committee or technical committee without a hearing, or a discretionary penalty applied by the Protest Committee with a hearing. This changes RRS 63.1 and A5.

1.6 [NP] denotes a rule that shall not be grounds for protests by a board. This changes RRS 60.1(a). 1.7. The English text will take precedence if there is a conflict between languages.

1.7 Decisions on protests concerning class rules: RRS 64.4(a)(deviations from class rules) shall not apply.

1.8 Add new RRS rule 27.4 as follows: The race committee may signal that boards shall sail on a specific tack during the 10 seconds before and 10 seconds after the starting signal is made by displaying a green flag for starboard tack or a red flag for port tack, before or with the warning signal.

1.9 Add new RRS rule 29.3 as follows: When, at the warning signal, the course to the first mark is approximately ninety degrees from the true wind then,

- a. When at the starting signal the race committee identifies a board on the course side of the starting line, the race committee shall signal a general recall.
- b. If the race committee acts under NoR/SI rule 1.10(a) and the board is identified, she shall be disqualified without a hearing, even if the race is abandoned. The race committee shall hail or display her sail number, and she shall leave the course area immediately. If the race is restarted or resailed, she shall not sail in it.

1.10 An international Jury will be appointed in accordance with RRS Appendix N. The right to appeal is denied as per RRS 70.5.

2 ELIGIBILITY AND ENTRY REGULATIONS

2.1 Classes Eligible for entry include IQ Foil, Youth IQ Foil, Junior IQ Foil, Youth Open Windfoil (U19) and Open Windfoil.

2.2 Youth Open Windfoil is limited to sailors under 19 years of age at December 31st the year of the competition and Sail sizes are capped at 8 meters. The Youth Open Windfoil Fleet may start and sail with

the IQ Foil Women, Youth IQ Foil, and Junior IQ Foil

2.3 Open Windfoil class has no restrictions on age or equipment and may start and sail with the IQ Foil Men's fleet.

2.4 A minimum of 5 (five) entries is required for each event to constitute a valid series.

2.5 The deadline for valid online entries is by 2400 hrs (UTC) on 5 January 2024.

2.6 An entry is not valid until paid, and the waiver and housing report is turned in.

2.7 The following documentation will be required at Registration on site:

2.8 A completed Parental Permission Form for entries under the age of 18 years is required. This form may be completed online but a printed copy shall be brought to registration.

3 FEES

3.1 The Entry Fee for sailors is \$175 USD.

3.2 The Entry Fee paid after February 14 2025 shall be \$200 USD.

4 SCHEDULE

Wednesday February 19	check in CCSC front office	1200-1800
Thursday February 20	check in	0800-0900
	competitors meeting	0930
	first possible warning signal	1100
Friday February 21	competitors meeting	0830
	First possible warning signal	1000
Saturday February 22	competitors meeting	0830
	First possible warning signal	1000
Sunday February 23	competitors meeting	0830
	First possible warning signal	1000
	Last possible warning signal	1400
	Awards upper deck CCSC	after racing

4.1 On the last scheduled day of racing no warning signal will be made after 1400. Except as a consequence of a general recall.

5 NOTICES TO COMPETITORS

5.1 Notices to competitors will be posted online on the Official Notice Board, an informal notice board will be located just past the main entrance to CCSC. <https://www.regattanetwork.com/event/27258>

5.2 The organizers will set up a WhatsApp group where they intend to communicate complementary information. The link to join the group will be published in SSI.

6 CHANGES TO NOTICE OF RACE & SAILING INSTRUCTIONS

6.1 Any change to the Notice of Race & Sailing Instructions will be posted no later than 60 minutes before the warning signal of the race on the day it will take effect, except that any change to the schedule of races will be posted by 1930 or by the end of protest time limit (whichever is later) on the day before it will take effect.

7 SIGNALS MADE ASHORE & AFLOAT

7.1 Signals made ashore will be displayed at the Official Flagpole in the center of CCSC yard.

7.2 [SP] [NP] When Flag AP is displayed ashore '1 minute' is replaced with 'not less than 45 minutes' in the race signal AP. This changes RRS Race Signals.

7.3 Depending on which format will be sailed (Course Racing, Slalom or Marathon) the RC will display the Format flag (described in the SSI) ashore at least 45 minutes before Warning Signal or afloat not later than Warning Signal.

7.4 A signal displayed at the finish vessel applies only to the fleet/group/heat that is finishing. This

changes RRS Race Signals preamble.

7.5 [SP] [NP] When a D Flag is displayed ashore it means: “the warning signal will be made not less than 45 minutes after D flag is displayed or not before the scheduled time, whichever is later.” Boards shall not leave the venue or the assigned launching areas until the signal is displayed.

8 FORMAT OF RACING

8.1 The event will consist of a single series.

8.2 The intention is to sail all three disciplines (slalom, course racing, and marathon race) over the course of the event on the basis of wind conditions and forecast and it is at the discretion of Class Course Representative. This is not ground for redress. This changes RRS 62.1(a).

9 RACING AREAS

9.1 Racing will be held in the Gulf of Mexico, South of Clearwater Pass. The map with the location of the racing area will be published in the SSI.

9.2 The racing area is defined as an area extending 150 meters beyond the entire course in which a competitor would normally sail while racing.

9.3 [DP] For reaching starts, a board not racing shall not be too windward of the area where boards may be racing.

9.4 [DP] Boards not racing shall avoid the racing area.

10 COURSES

10.1 Course racing and Marathon courses will be, at the discretion of Class Course Representative, either Trapezoid or Windward Leeward, with variations depending on venue specifics.

10.2 The courses to be sailed are shown in NoR/SI Appendix A. The diagrams will show the order in which marks are to be passed, and the side on which each mark is to be left. The course diagram for Marathon will be published on the ONB before the race.

10.3 If a gate mark is missing and has not been replaced by an object displaying the M flag, the remaining mark shall be rounded to port.

11 MARKS

Marks 1 2s/2p, 3, 4, will be orange tetrahedrons. Start and finish pins will be skinny yellow cylinders.

12 THE START

12.1 All races will be started by using the following signals:

Minutes before Starting Signal	Visual Signal	Sound Signal	Means
3	Class flag displayed heat number displayed (if applicable)	One	Warning Signal
2	U of Black flag displayed	One	Preparatory signal
1	U or Black flag displayed	One long	One-minute signal
0	Class flag removed	One	Starting signal

12.2 This changes RRS B3 26.1 and 26.2.

- 12.3 For Course races and Sprint Slalom races, the starting line will be between the staff displaying an orange flag on the race committee vessel and either
- 12.4 The course side of the laid starting mark, or
- 12.5 A staff displaying an orange flag on the race committee pin-vessel.
- 12.6 For Marathon races as an alternative a Rabbit start may be used: at the starting signal a Rabbit (object or vessel displaying the Marathon discipline flag) will proceed at high and constant speed from the starting mark to the race committee vessel. The starting line will be between the course side of the starting mark and the course side aftermost point of the Rabbit. To inform competitors that the Rabbit start will be used the notice will be published on ONB before the race.
- 12.7 [DP] When a starting sequence is in progress, competitors whose warning signal has not been made shall avoid the starting area. The starting area is defined as a rectangle 75 meters from the starting line and marks in all directions.
- 12.8 A competitor starting later than 3 minutes (or 1 minute for Sprint Slalom) after her starting signal will be scored Did Not Start (DNS) without a hearing. This changes RRS A4 and A5.
- 12.9 The warning signal for each succeeding race will be made as soon as practicable after the finish of the previous race.
- 12.10 To alert boards that a race or sequence of races will begin soon, the orange starting line flag will be displayed (with one sound) for at least 2 minutes before a warning signal is made.
- 12.11 18.8. For the purpose of RRS 30.4, NoR/SI 1.12 and RRS 36
- 12.12 a) When the fleet consists of more than 24 competitors, races sailed in different disciplines (course racing, marathon, sprint slalom) are not considered as resailed or restarted of the previously attempted race.
- 12.13 b) When the fleet consists of 24 and less competitors, races sailed in different disciplines are considered as resailed or restarted of the previously attempted race with the exception for the marathon.

13 CHANGE OF THE NEXT LEG OF THE COURSE

To change the next leg of the course, the race committee will move a mark (or move the finishing line)

14 THE FINISH

The finishing line will be between the staff displaying a blue flag on the finishing mark and the course side of the laid mark (or the flag staff on this mark if present) at the other end of the finish line.

15 PENALTY SYSTEM

- 15.1 Penalties for breaching class rules, RRS 50 or rules in the NoR/SI marked [DP] or [SP], should the case go to a hearing, are at the discretion of the Protest Committee.
- 15.2 For breaches of NoR/SI marked [SP] and breaches of the Class Rules: C.1.1.(a), C.3.2.(a) (i) (ii) (iii), C.3.3.(i), C.3.4, C.10.2.(b)(c), D.2.(a), the race committee may apply a standard penalty without a hearing to the race(s) closest in time to the incident. The scores of other boards shall not be changed; therefore, two boards may receive the same score. However, the race committee or technical committee may protest a board when they consider the standard penalty to be inappropriate. A board that has been penalized with a standard penalty can neither be protested for the same incident by another board nor can another board request redress for this race committee action. This changes RRS 60.1, 63.1 and Appendix A5.
- 15.3 Appendix B includes the list of breaches and the associated standard penalties

16 TIME LIMITS AND TARGET TIMES

16.1 Time limits and target times for races are in minutes and as follows:

Discipline	Target time	Time Limit	Finish Window
Course Racing	16	23	6
Sprint Slalom	4-5	7	4
Marathon	60	90	30

16.2 Not meeting the target time will not be grounds for redress. This changes RRS 62.1(a).

16.3 In all races boards failing to finish within the time stated in the Finish Window, after the first competitor in that group sails the race according to RRS 28, will be scored Did Not Finish (DNF). This changes RRS 35, A4 and A5.

17 HEARING REQUESTS

17.1 Hearing request forms are available at the scoring desk located at ccsc's front office. Protests and requests for redress or reopening shall be submitted there within the protest time limit.

17.2 The protest time limit is 60 minutes after the last competitor has finished the last race of the day for that fleet or group or when the race committee signals no more racing today, whichever is later.

17.3 Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses.

17.4 Hearings will be held in the Hearing Room, upstairs at CCSC.

17.5 On the last scheduled day of a competitor's Series (Qualification or Final/Opening), a request for reopening a hearing shall be delivered within the protest time limit if the requesting party was informed of the decision on the previous day, or no later than 30 minutes after the requesting party was informed of the decision on that day. This changes RRS 66.2.

17.6 On the last scheduled day of a competitor's Series (Qualification or Final/Opening), request for redress from a Protest Committee decision shall be delivered no later than 30 minutes after the decision was posted. This changes RRS 62.2.

18 SCORING

18.1 A minimum of 3 (three) races are required for a valid Championship.

18.2 Score for the age division U21 will be extracted from the overall score without recalculation.

18.3 A Course and sprint slalom race will be scored as one race in a Series;

18.4 A Marathon race will be scored as two races in a Series.

18.5 a) When the Marathon is sailed, the boards finishing position will be divided by the number of groups in the series and applied to each of these two races. For example, an event of 90 competitors, where fleet has been split into two groups, and where a board finishes in 70th position, the board's score will be recorded as 35th for both races.

18.6 A competitor's series score will be the total of her race scores excluding her worst score(s) as follows:

Races sailed	Discards	Comments
1-2	0	No Scores excluded

3-7	1	One worst score excluded
8-15	2	Two worst scores excluded
16 or more	3	Three worst scores excluded

18.5. To request correction of an alleged error in posted results, a competitor shall complete a Scoring Enquiry Form available in CCSC front office.

19 [DP] [NP] SAFETY REGULATIONS

19.1 A competitor that retires from a race shall notify the Race Committee as soon as possible.

19.2 Competitors not racing for any of the racing days shall inform the Race Office.

19.3 [SP] Sign-out/Sign-in system may be used. The procedure will be described in the SSI.

20 SUPPORT BOATS

20.1 Support boats must wear engine cut kill cords at all times while the engine is on. Failure to do so may result in expulsion from the regatta.

21 PRIZES

21.1 . Medals for the IQ Foil Midwinters East will be awarded to the first 3 (three) Men and Women from each division with over 10 registrants. In divisions with less than three competitors registered by January 5th 1st place prizes will be awarded.

22 DISCLAIMER OF LIABILITY

22.1 Rule 3 of the RRS states: "The responsibility for a board's decision to participate in a race or to continue to race is hers alone." Sailing is by its nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

22.2 They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves and their board to such inherent risk whilst taking part in the event;

22.3 They are responsible for the safety of themselves and their board and their other property whether afloat or ashore.

22.4 They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.

22.5 Their board is in good order, equipped to sail in the event and they are fit to participate;

22.6 The provision of a race management team, patrol vessels and other officials and volunteers by the race organizer does not relieve them of their own responsibilities;

22.7 The provision of patrol vessel cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;

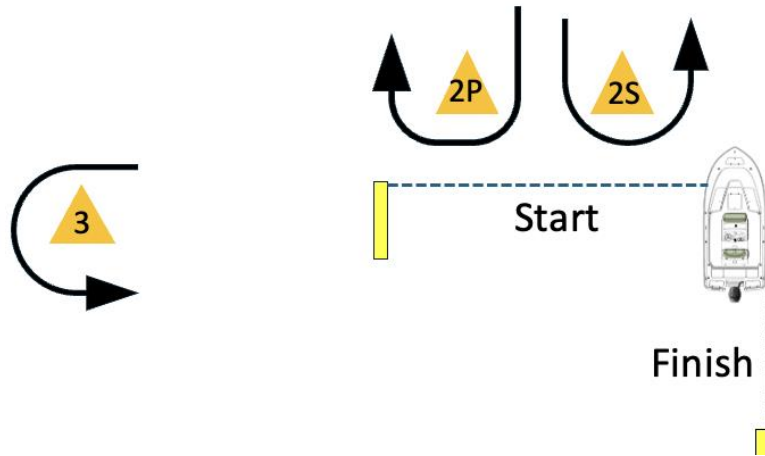
22.8 The fact that the Race Committee or Technical Committee conducts inspections, or not, of a vessel does not reduce the responsibilities of each competitor set out in this NOR/SI.

APPENDIX A - COURSES



Course LR 2

Rounding order : start, 1, 2p/2S, 1, 2p/2s, 3, finish



Course PD3

Rounding order : start, 1, 2, 3, finish



APPENDIX B - STANDARD PENALTIES

In accordance with the NoR/SI 15.2, the Race Committee will initially apply the following

Standard Penalties:

No sign out	One point scoring penalty for the first race of the day
No sign in	One point scoring penalty for the last race of the day. (If no sign out and sign in, only one point scoring penalty will be applied for the last/first race of the day)

In accordance with the NoR/SI 15.2 the protest committee will initially apply the following Standard Penalties:

Standard Penalties:

Helmet - did not wear	Five points scoring penalty for the race where rule has been broken
Whistle - did not carry	Five points scoring penalty for the race where rule has been broken
Impact vest – did not wear	Five points scoring penalty for the race where rule has been broken
Harness – above 4kg	Five points scoring penalty for the race where rule has been broken
Personal Equipment – above 10 kg	Five points scoring penalty for the race where rule has been broken
Personal Flotation Device (if required) according to CR/ RRS	Five points scoring penalty for the race where rule has been broken
Sail Numbers/ National letter not applied according to CR	Two points scoring penalty for the race where rule has been broken
National Flag not applied according to the CR	Two points scoring penalty for the race where rule has been broken
QR Sticker missing	One points scoring penalty for the race where rule has been broken