



DAINGERFIELD ISLAND SAILING CLUB

Hangover Regatta

Thursday, January 1, 2026

Sailing Instructions

SI Changes: DISC may change the Sailing Instructions by communicating the changes in person at the skippers' meeting.

Signals: No visual signals will be used ashore. This modifies RRS Appendix S4.1.

A DISC officer (or representative) may make courtesy broadcasts on VHF channel 69. A boat's failure to receive or understand a radio broadcast is not grounds for redress. This modifies RRS 62.1(a).

Check-in: Check-in will be in-person at the skippers' meeting. For boats that arrive at the start without attending the skippers' meeting, a DISC officer (or representative) will attempt to brief the late arrivals on the course and any changes. An incomplete brief or failure to receive or understand the brief shall not be grounds for redress. This modifies RRS 60.1 and 62.1.

PFDs: PFDs must be worn, unless in an enclosed cabin.

Start: There will be no Race Committee vessel. The honor system will be used. The start and finish line will be between R4 and the pilings at the south end of the dock at the rowing boathouse on the Virginia shoreline. The starting sequence and signals will be decided at the skippers' meeting. No flags will be used. One competitor will be designated to record the start time.

Courses: The course will be determined on the day of the race. A DISC official (or representative) will announce the course at the skippers' meeting and on VHF channel 69 shortly after the rendezvous time. DISC's intention is to run one race in the waters between the Woodrow Wilson Bridge and Hains Point. Courses are listed at DISC's website under the Racing Resources tab; DISC may select a Middle or Three-Bridges Course.

Except for the gate *marks*, all *marks* of each course identified on the Course Chart are turning marks, and are to be left to port, unless that *mark* is designated to be rounded to starboard on the Course Chart or when announced at the skippers' meeting.

For boats that normally race in the spinnaker class, *marks* G5, G7, and G9 will be gates, and boats must pass through the gate. The west gate *mark*

is the specified *mark* and the east gate *mark* is a virtual *mark* located 250 feet east on a 090° magnetic bearing from the respective physical *mark*.

DISC may shorten course the course by a majority vote of competitors. A DISC official (or representative) will coordinate this on VHF channel 69. This modifies RRS 32.

Finish: The starting line serves as the finishing line, except when noted on the Course Chart. In the event of a shortened course, the finish line will extend through the finishing marks from shore to shore. This modifies RRS 32.

When *finishing*, each boat shall announce her finish time over VHF channel 69, record her finish times using GPS time, and report her time to officers@discsailing.org by 2200 the day of the race. When possible, each boat shall record the adjacent finishing boats finishing.

Retiring: Any boat retiring from a race must promptly broadcast its intention to the fleet on VHF channel 69.

Time Limit: None.

Protests: In order for *protest* or request for redress to be valid, a boat or *committee* must comply with the RRS and file the *protest* or request for redress by email to officers@discsailing.org by 2300 on the evening of the race.

A request for redress based upon a boat's score posted on the website must be filed within 48 hours after the score is posted. A Protest Committee may refer a request for redress to the scorer as a scoring inquiry before conducting a hearing.

This modifies RRS 60.2, 60.3, 60.4, 61.2, and 61.3.

Penalties: When a boat breaks a rule of Part 2 or Rule 31 of the RRS, the following penalties apply:

- (a) Penalties will be in accordance RRS 44.1 or 31, or
- (b) At the skipper's option, a boat may take a 20% scoring penalty in accordance with RRS 44.3, or
- (c) After racing, but before the start of a protest hearing, a boat may take a 30% scoring penalty by delivering a written statement to officers@discsailing.org or by notifying the Protest Committee.

Commercial Traffic:

A boat may not exercise right of way over, cross in close proximity to, or interfere with the reasonable transit of the race area by commercial vessels. A boat charged under this *rule* has the burden of proof to show

that she did not break the *rule*. Boats must take action well in advance of any potential conflict. If the boat has no way on, she may use a motor to clear the channel for commercial traffic. If a boat uses a motor in such circumstances, the skipper must notify the RC and provide an explanation. Racing boats may not gain an advantage in the race from using the motor.

DISC's executive committee may *protest* a boat under this *rule* based on information received from any person, including a person with a *conflict of interest*. The *protest* time limit may be extended. Statements from the US Coast Guard, DC Police, or commercial ship captains will be accepted as evidence without the author present. This modifies RRS 60.2(a)(2), 60.3, 60.4(a), 60.4(b)(3), 61.3, and 63.6.

The penalty for violation of this *rule* is to be scored DNE. DISC's executive committee may impose more severe penalties if it determines that gross negligence on the part of the racing boat endangered safety.